

**Curriculum Vitae**

**Business Address:** CORE Orthopaedic Medical Center, P.C.  
San Marcos Physical Therapy Department  
456 E. Mission Road, Suite 102  
San Marcos, CA 92069  
Phone: (760) 761-0871

**Education:** University of Maryland, Eastern Shore; Princess Anne, MD  
Master Physical Therapy, September 2001

- \* Courses included Orthopedics, Pediatrics, Neurology, Neurology Management, Prosthetics, Principles in Manual Medicine, Exercise Physiology, Pulmonary Management, and Cardiac Management
- \* Conducted a master thesis project on patients with fibromyalgia
- \* Selected to present poster presentation at the Myofascial Pain Conference in Sept 2001
- \* Selected to present platform presentation at Combined Sections Meeting of American Physical Therapy Association in February 2002

University of Maryland; College Park, MD  
Bachelor of Science in Kinesiology, May 1997

- \* Academic honors in 1997
- \* Courses included Exercise Physiology, Biomechanics of Human Motions, Exercise & Body
- \* Composition, Physical Activity and Disease Prevention, Graded Exercise Testing, Motor Learning, and Motor Development

**Certification/  
Licensure:** Physical Therapy Board of California

**Internships:** Healthsouth Rehabilitation Hospital; Richmond, VA, July 2001 – Aug 2001

- \* Worked in an inpatient setting in a rehabilitation hospital
- \* Treated patient with various diagnoses. (CVA, AKA, BKA, Total hip and knee replacements, TBI, and general debilitation)
- \* Observed and participated in treatments in wound care and pulmonary rehabilitation
- \* Participated in interdisciplinary team meetings to discuss patients' progress and plans for discharge

**Internships: (Continued)**

- \* Responsible for treating 10-12 patients per day with supervision from clinical instructor
- \* Ordered assistive devices for patients on discharge

Calvert Physical Therapy; Prince Frederick, MD, May 2001 - July 2001

- \* Worked in an outpatient clinic with an emphasis in sports medicine
- \* Treated patients with various diagnoses. (Triceps tendonitis, Adhesive capsulitis, Rotator cuff repairs, Shoulder impingements, Ankle fracture, Low back pain, and CVA)
- \* Observed and participated in casting for orthotics
- \* Responsible for treating 10-14 patients per day with supervision from clinical instructor

Sinai Sports Medicine Clinic; Pikesville, MD, November 2000 – December 2000

- \* Worked in an outpatient setting with patients that were prescribed for land and aquatic therapy
- \* Treated patients with various diagnoses. (Transverse myelitis, Total knee and hip replacements, Thoracic outlet syndrome, Cervical sprain, and Low back pain)
- \* Conducted an aquatic in-service on the Bad Ragaz Technique and Vertical Stabilization Protocol for the physical therapists and physical therapy assistants

St. Joseph's Hospital; Towson, MD, January 2000 – February 2000

- \* Worked in an acute care setting with patients who were post operation for orthopedic, cardiac, and pulmonary disorders
- \* Observed and participated in treatments in pediatrics and wound care
- \* Conducted an in-service on proprioception in total knee replacements for the physical therapists and occupational therapists in the hospital
- \* Participated in interdisciplinary team meetings to discuss patients' progress and plans for discharge

**Continuing  
Education:**

Chain Reaction Transformation, October 2004

Donatelli's Pathophysiology and Mechanics of the Shoulders, April 2004

Lower Extremity Prevention and Performance Program, November 2003

**Continuing Education: (Continued)**

Aquatic Therapy and Rehabilitation Institute, August 2003

- \* Sports Performance
- \* Ai Chi
- \* Problem Based Protocols
- \* Backhab
- \* Advanced Trunk Stabilization

Osteoporosis: A Comprehensive Treatment Strategy, July 2003

Janet Travell's Myofascial Release for Upper and Lower Extremity,  
April 2003

Australian Approach: Lower Quarter Peripheral Mobilization,  
November 2002

Temporomandibular Joint Dysfunction, June 2002

Functional Rehabilitation of the Shoulder, April 2002

Functional Rehabilitation of the Cervical Spine, April 2002

REV: 10/07