

Curriculum Vitae

- Business Address:** CORE Orthopaedic Medical Center, P.C.
Department of Physical and Occupational Therapy
332 Santa Fe Drive, Suite 120
Encinitas, CA 92024
Phone: (760) 942-4400
- Education:** Boston University, Sargent College of Health and Rehabilitative
Science, Bachelor of Science, May 1999, summa cum laude
- Boston University, Sargent College of Health and Rehabilitative
Science, Master, Physical Therapy, January, 2001
- Certification** Certified Strength and Conditioning Specialist, August 2000 -
Present
- American Heart Association CPR/First Aide, July 2004 – Present
- Professional
Background:** CORE Orthopaedic Physical and Hand Therapy
Director of Rehabilitation, Encinitas, CA; October 2005 – Present
Outpatient Orthopaedics
- * Working full time as a physical therapist engaging in evaluations and treatment of many different orthopaedic patients while maintaining friendly and effective communication with the Core doctors and medical staff to enhance quality of care
 - * Energetically assuming the role of Director of Rehabilitation, managing all therapy staff and procedures in April, 2006
- Physical Therapy and Hand Centers, Inc.
San Diego, CA; March 2001 – September 2005
Outpatient Orthopaedics
Scripps Ranch Physical Therapy:
- * Working full time as a director of rehabilitation actively managing staff physical and certified hand therapists, physical therapy aides and front office staff
 - * Energetically marketing to local and other referring doctors
 - * Communicating with corporate management to integrate and create policies and procedures
- Ramona Physical Therapy:
- * Working full time at an engaging job as a staff physical therapist performing evaluations and intuitive treatments
 - * Integrating ideas, sharing knowledge and forming professional relationships with other therapists and physicians

Sharp Resource Network, Grossmont Hospital
La Mesa, CA; February 2001 - July 2005
Acute Rehab Hospital

- * Working per diem as a physical therapist performing evaluations, treatments and educating patients about health, exercise and considerations/precautions following surgical procedures
- * Working together as a team with physical therapy aides, occupational and speech therapists, nurses and physicians in order to integrate and elevate patient care and satisfaction

**Continuing
Education:**

Pathophysiology and Mechanics of the Shoulder, Robert Donatelli,
July 2001

NSCA Sport-Specific Training Conference in San Antonio, January
2002

Mulligan Concept- Mobilizations with Movement, Donald Reordan,
February 2002

Combined Movements- Australian Approach to the Cervical Spine,
Jack Dabbert, March 2002

NSCA National Conference in Las Vegas, July 2002

Australian Approach to Lower Extremity Evaluation and Treatment,
Chris Kime, December 2002

NSCA Sport-Specific Training Conference in New Orleans, January
2003

Foundations of Trigger Point Exam and Treatment (Travell), Jan
Dommerholt, February 2003

Legs, Legs, Legs, Vern Gambetta, November, 2003

Evaluation and Treatment of the Upper and Lower Extremity Core,
Robert Donatelli, April 2004

Strain Counterstrain for the Upper Quarter, Randall Kusunose,
January 2005

NSCA National Conference in Las Vegas, July 2005

Walking to Run; Running to Walk Feldenkrais Method workshop, July
2006

The Lumbopelvic Region, Brian Nalazek, September 2006

The Pilates Method for use as a Therapeutic and Corrective Exercise,
Mary Lou Savino, November, 2006

**Continuing
Education: (Continued)**

Functional Movement Screen, Gray Cook, March 2007

Recent Advances in the Evaluation and Treatment of the Knee and
Shoulder, Kevin Wilk, March, 2007

Upper Cervical Spine and the Cervical Bermuda Triangle, Ronna
Semonian, May 2007

Sports Specific Rehabilitation, Robert Donatelli, May 2007

High Impact Leadership Training, ACS, May 2007

**Professional
Membership:**

National Strength and Conditioning Association;
August 2000 - Present

REV: 01/08