

Curriculum Vitae

Business Address: CORE Orthopaedic Medical Center, P.C.
332 Santa Fe Drive, Suite 120
Encinitas, CA 92024
Phone: (760) 942-4400

Education: California State University, Fresno, CA, 1995
Bachelor of Science; Major, Exercise Physiology
Minor, Spanish

California State University, Northridge, CA, 1998
Master, Physical Therapy

**Certification/
Licensure:** Physical Therapy Board of California, 1998

**Professional
Background:** CORE Orthopaedic Medical Center, PC, Department of Physical
Therapy, Encinitas, CA; Physical Therapist, June 2007-
Present

Physical Rehabilitation and Hand Centers, Inc., Carlsbad Clinic,
Carlsbad, CA; Director of Rehabilitation, February 2002-
June 2007

Physical Therapy and Associates, Tri-City Clinic, Tri-City, CA;
Assistant Manager, August 2001-February 2002

Physical Therapy and Associates, Carlsbad and Tri-City Clinics,
Carlsbad and San Diego, CA; Aquatic Director, January
1999-February 2002

**Continuing
Education:** Jones Institute: Strain, Counter-strain for the Upper Quarter; R.
Kusunose, PT, 2.0 CEU, January 2005

Evaluation and Treatment of Upper and Lower Extremity Core:
Sports Specific Rehabilitation; R. Donatelli, PT, 1.6 CEU,
April 2004

Lower Extremity Prevention and Performance Program: Legs,
Legs, Legs; V. Gambetta, PT, 1.5 CEU, November 2003

Travell: Foundation of Trigger Point Examination and
Treatment; 1.5 CEU, February 2003

Peripheral Joint Mobilization of the Lower Extremities; J.
Dabbert, PT, 1.6 CEU, December 2002

Fibromyalgia Workshop; S. Howard, PT, 3 hours, November 2002

**Continuing
Education: (Continued)**

Temporomandibular Joint Dysfunction: Clinical Evaluation and Treatment; S. Howard, PT, 16 hours, June 2002

Musculoskeletal Disorders and Ergonomics; R. Porter, PT, 1.5 CEU, April 2002

Combined Movements: An Australian Approach to Evaluation and Treatment of the Cervical Spine; C. Kime, PT, 1.6 CEU, February 2002

Effective Orthopedic Interventions: Manual Techniques, Exercise Protocols, Outcome Measures and Treatment Protocols; T. McNerney, PT, 1.7 CEU, February 2001

McKenzie Part B: Cervical Spine Evaluation and Treatment; A. Long, PT, 1.6 CEU, April 2001

Aquatic Symposium; 14.25 total credit hours, August 2000

Lumbar Stabilization, 2.75 CEU

Orthopedic Aquatics, 2.75 CEU

Strong, Stretched, Centered, 1.75 CEU

Conducting Aquatics Assessment, .75 CEU

Osteoporosis, .75 CEU

Treating Prenatal LBP, 2.75 CEU

Ai Chi Balance & Trunk Stability, 2.75 CEU

McKenzie Part A: L/S Evaluation and Treatment; A. Long, PT, 1.6 CEU, January 2000

**Community
Involvement:**

Participant Suzuki Rock and Roll Marathon, 2007

Volunteer – Field medical staff and physical screenings for Carlsbad, Vista and Rancho Buena Vista football games, September 1999-2007

Clinical – Supervisor for Maric College internships and Carlsbad High School Academy Summer Programs, 2002-2007

Volunteer – Suzuki Rock N Roll Marathon, 2003

Volunteer – Medical team for Carlsbad Triathlon, 2002 & 2000

Volunteer – Carlsbad Triathlon, 2000