

**Curriculum Vitae**

- Business Address:** CORE Orthopaedic Medical Center, P.C.  
Department of Physical and Occupational Therapy  
332 Santa Fe Drive, Suite 120  
Encinitas, CA 92024  
Phone: (760) 942-4400
- Education:** University of Illinois, Champaign-Urbana, IL  
Bachelor of Science in Kinesiology, May 2003
- Rosalind Franklin University of Medicine and Sciences, North  
Chicago, IL  
Doctorate of Physical Therapy, 2007
- Certification/  
Licensure:** Physical Therapy Board of California
- Professional  
Background:** CORE Orthopaedic Medical Center, PC, Encinitas, CA  
Department of Physical Therapy, July 2007 - Present
- Illinois Bone and Joint Institute, Gurnee, IL  
Rehabilitation Technician, 2003-2006
- Rosalind Franklin University of Medicine and Sciences: North  
Chicago, IL  
Teaching Assistant for the Physical Therapy Department in  
Clinical Skills I Course, 2006
- Clinical Clerkship  
Experience:** Novacare Physical Therapy, Hyde Park, IL  
Outpatient Orthopedic Clinic, June-July 2005
- Experienced working with women's health/lymphedema and McKenzie certified physical therapists
  - Volunteered at Avon Women's Breast Cancer Walk medical tent
- Great Lakes Naval Hospital, North Chicago, IL.  
Orthopaedic/Inpatient Hospital Setting, Oct- Jan 2006
- Performed evaluation, re-evaluation, assessment, diagnosis, and developed a plan of care to be delegated to Naval Rehabilitation Technicians as well as the prescription of radiological studies and non-narcotic pharmaceuticals
  - In-service written and given on Kinesiotaping

Accelerated Rehabilitation, Oak Park, IL

Outpatient Orthopaedic Clinic, Oct- Feb 2006

- Responsible for a regular schedule of up to 10 patients per day and all aspects of patient care including consultation and correspondence with Workmen's Compensation
- In-service written and given on a current literature review of modalities

Children's Memorial Hospital, Chicago, IL

Pediatric Acute Care/Outpatient Clinic, Feb- May 2007

- Performed evaluations and patient treatments in the acute and outpatient clinical setting of a level one pediatric hospital
- Assisted in the organization and observed weekend continuing education course Cerebral Palsy Gait Course
- Experience in clinics including; scoliosis, serial casting, orthopaedic, Hemophilia, Hunter's syndrome, Motion Analysis Center Gait Lab, and lower extremity manual muscle testing in a spina bifida clinic.

**Research:**

The Rehabilitation of a Patient with Carpal Tunnel Release with a Possible Diagnosis of Complex Regional Pain Syndrome: A Case Report. Discussed within a panel of peers. 2005

Conservative Rehabilitation of a 67 year-old Patient With a Full-Thickness Rotator Cuff Tear: A Case Report. 2006

- Platform presentation given and attended by faculty and students at Rosalind Franklin University

A Comparison of Pressures Generated by Bandaging the Upper Extremity in Two Positions. 2006

- Lymphedema research project written, conducted, and presented

Implementation of an Outcome Based Assessment Program in an Outpatient Orthopedic Physical Therapy Setting. 2007

- Research program designed, developed, and implemented in a nearby outpatient clinic
- Written synopsis presented to peers and professors at Rosalind Franklin University

**Membership/  
Certification:**

Illinois Physical Therapy Association student membership, 2006

Basic CPR Certification, certified through April 2009