

Ryan C. Meineke MD

**332 Santa Fe Dr.
Suite 110
Encinitas, CA 92024**

Education and Training

2012 Foot and Ankle Fellowship with Dr. Roger Mann, *Oakland Bone and Joint Specialists*
2007-2011 Resident Physician, Department of Orthopaedic Surgery, *Loma Linda University Medical Center*
2006 -2007 Internship, Department of General Surgery, *Loma Linda University Medical Center*
2002-2006 M.D. *University of Cincinnati College of Medicine*
1998 -2002 B.S. Physiological Science, *University of California Los Angeles*

Work and Volunteer Experience

2021-present Orthopedic surgeon - CORE Orthopaedic
2019-2021 Orthopedic surgeon - Orthopedic Specialists of North County
2017-2019 Orthopedic surgeon - Direct Orthopedic Care
2012-2017 Orthopedic surgeon - Pacific Orthopaedics and Sports Medicine
2003 Clinical Research Associate, Surgical Assistant - Wellington Orthopaedics and Sports Medicine, Cincinnati, OH
2002 Medical Volunteers of the University of Cincinnati
2002 St. Leo's Medical Clinic volunteer, Solana Beach, California
2000 Research Assistant - Biosite Diagnostics, San Diego, CA
1998-2003 Children's Miracle Network volunteer
1997-2000 Research Assistant - Agouron/Pfizer Pharmaceuticals, La Jolla, CA

Certifications and Licensure

California Medical License
DEA License
Basic Microsurgical Techniques Certification
California Fluoroscopy Supervisor and Operator Permit

Grants and Awards

2010 Nominated for AOA Resident Leadership Forum
2009 Second place award Loma Linda University Medical Center Orthopaedic Research Seminar
2003 Robert S. Heidt Sr. Foundation Research Grant – Wellington Orthopaedics and Sports Medicine, Cincinnati, OH

Research

2010 Meineke, RC. Wongworawat, MD, Williams, P. Comparison of fast-setting plaster and prefabricated fiberglass in splinting of the injured extremity. Submitted to *Journal of Trauma*, publication pending

- 2009 Meineke, RC. Chiu, S. Wongworawat, MD. Williams, P. Comparison of locking and grasping loop configurations using fiberwire in four-strand cruciate flexor tendon repairs. Submitted to EJHS, publication pending
- 2009 Le. S, Meineke, RC. Wongworawat, MD, Williams, P. Number of suture throws and its impact on the biomechanical properties of the four-strand cruciate locked flexor tendon repair with fiberwire. Submitted to EJHS, publication, pending
- 2003 Snyder MA, Meineke, RC. Tibial joint line elevation in cruciate-retaining total knee arthroplasty. Abstract accepted to 116th AOA meeting
- 2003 Snyder MA, Meineke, RC. Revision total knee arthroplasty using the Genesis II total knee system : Midterm clinical results. Abstract accepted to 116th AOA meeting

Presentations

August 2010 – WOA conference poster presentation - Comparison of locking and grasping loop configurations using fiberwire in four-strand cruciate flexor tendon repairs.

May 2009 – Grand Rounds, Department of Orthopaedic Surgery, Loma Linda University Medical Center: “Pediatric Foot Deformities”

February 2009 - Grand Rounds, Department of Orthopaedic Surgery, Loma Linda University Medical Center: “Arthroplasties of the Hand”

November 2008 - Grand Rounds, Department of Orthopaedic Surgery, Loma Linda University Medical Center: “Cervical Stenosis and Spondylosis”

September 2008 - Grand Rounds, Department of Orthopaedic Surgery, Loma Linda University Medical Center: “Hip Fractures”

July 2008 - Grand Rounds, Department of Orthopaedic Surgery, Loma Linda University Medical Center: “Management of Open Fractures”

Society Membership

American Foot and Ankle Society
American Academy of Orthopedic Surgeons

Committee Positions

2016-current Medical Executive Committee - UCSD Center for Surgery of Encinitas
2019-current Board member - Connect the Docs