

Ryan C. Meineke MD

**332 Santa Fe Dr.
Suite 110
Encinitas, CA 92024**

Education and Training

- 2012 Foot and Ankle Fellowship with Dr. Roger Mann, *Oakland Bone and Joint Specialists*
- 2007-2011 Resident Physician, Department of Orthopaedic Surgery, *Loma Linda University Medical Center*
- 2006 Internship, Department of General Surgery, *Loma Linda University Medical Center*
- 2002-2006 M.D. *University of Cincinnati College of Medicine*
1. B.S. Physiological Science, *University of California Los Angeles*

Work and Volunteer Experience

- 2021-present Orthopedic surgeon - CORE Orthopaedic
- 2019-2021 Orthopedic surgeon - Orthopedic Specialists of North County
- 2017-2019 Orthopedic surgeon - Direct Orthopedic Care
- 2012-2017 Orthopedic surgeon - Pacific Orthopaedics and Sports Medicine
- 2003 Clinical Research Associate, Surgical Assistant - Wellington Orthopaedics and Sports Medicine, Cincinnati, OH
- 2002 Medical Volunteers of the University of Cincinnati
- 2002 St. Leo's Medical Clinic volunteer, Solana Beach, California
- 2000 Research Assistant - Biosite Diagnostics, San Diego, CA
- 1998-2003 Children's Miracle Network volunteer
- 1997-2000 Research Assistant - Agouron/Pfizer Pharmaceuticals, La Jolla, CA

Certifications and Licensure

California Medical License
DEA License
Basic Microsurgical Techniques Certification
California Fluoroscopy Supervisor and Operator Permit

Grants and Awards

- 2010 Nominated for AOA Resident Leadership Forum
- 2009 Second place award Loma Linda University Medical Center Orthopaedic Research Seminar
- 2003 Robert S. Heidt Sr. Foundation Research Grant – Wellington Orthopaedics and Sports Medicine, Cincinnati, OH

Research

- 2010 Meineke, RC. Wongworawat, MD, Williams, P. Comparison of fast-setting plaster and prefabricated fiberglass in splinting of the injured extremity. Submitted to *Journal of Trauma*, publication pending

- 2009 Meineke, RC. Chiu, S. Wongworawat, MD. Williams, P. Comparison of locking and grasping loop configurations using fiberwire in four-strand cruciate flexor tendon repairs. Submitted to EJHS, publication pending
- 2009 Le. S, Meineke, RC. Wongworawat, MD, Williams, P. Number of suture throws and its impact on the biomechanical properties of the four-strand cruciate locked flexor tendon repair with fiberwire. Submitted to EJHS, publication, pending
- 2003 Snyder MA, Meineke, RC. Tibial joint line elevation in cruciate-retaining total knee arthroplasty. Abstract accepted to 116th AOA meeting
- 2003 Snyder MA, Meineke, RC. Revision total knee arthroplasty using the Genesis II total knee system : Midterm clinical results. Abstract accepted to 116th AOA meeting

Presentations

August 2010 – WOA conference poster presentation - Comparison of locking and grasping loop configurations using fiberwire in four-strand cruciate flexor tendon repairs.

May 2009 – Grand Rounds, Department of Orthopaedic Surgery, Loma Linda University Medical Center: “Pediatric Foot Deformities”

February 2009 - Grand Rounds, Department of Orthopaedic Surgery, Loma Linda University Medical Center: “Arthroplasties of the Hand”

November 2008 - Grand Rounds, Department of Orthopaedic Surgery, Loma Linda University Medical Center: “Cervical Stenosis and Spondylosis”

September 2008 - Grand Rounds, Department of Orthopaedic Surgery, Loma Linda University Medical Center: “Hip Fractures”

July 2008 - Grand Rounds, Department of Orthopaedic Surgery, Loma Linda University Medical Center: “Management of Open Fractures”

Society Membership

American Foot and Ankle Society
American Academy of Orthopedic Surgeons

Committee Positions

2016-current Medical Executive Committee - UCSD Center for Surgery of Encinitas
2019-current Board member - Connect the Docs